



service menu

**PLEASE ALLOW AN ADDITIONAL 15 MINUTES FOR
CONSULTATION ON TOP OF YOUR TREATMENT TIME**

45 MINUTE MASSAGE

£33

Designed to relieve muscles in key areas where most of us hold our tension - typically back, neck and shoulders or head, hands and feet

60 MINUTE MASSAGE

£44

A little longer for the therapist to relieve tension in problem areas and help you achieve a state of calm and relaxation

90 MINUTE MASSAGE

£65

Head-to-toe massage treating each area of the body to a variety of pressures and techniques, to release tension and stress and encourage relaxation and recovery.

120 MINUTE MASSAGE

£85

A two hour treatment allowing the therapist to work thoroughly into tired muscles, relieving tension and stress while you completely relax and enjoy some serious down time.