



service menu

PLEASE ALLOW AN ADDITIONAL 15 MINUTES FOR CONSULTATION ON TOP OF YOUR TREATMENT TIME

45 MINUTE MASSAGE

£37

Designed to relieve muscles in key areas where most of us hold our tension - typically back, neck and shoulders or head, hands and feet

60 MINUTE MASSAGE

£49

A little longer for the therapist to relieve tension in problem areas and help you achieve a state of calm and relaxation

90 MINUTE MASSAGE

£72

Head-to-toe massage treating each area of the body to a variety of pressures and techniques, to release tension and stress and encourage relaxation and recovery.

120 MINUTE MASSAGE

£94

A two hour treatment allowing the therapist to work thoroughly into tired muscles, relieving tension and stress while you completely relax and enjoy some serious down time.

WE NOW ALSO OFFER HOLISTIC SPORTS / INJURY MASSAGE WITH DAVE ON ALTERNATE MONDAYS AND SOME WEEKENDS - CHECK AVAILABILITY ONLINE